



Stafford HEALTHCARE

Stafford News

WINTER 2014 • Stafford Healthcare at Seatac

We're Here to Help!

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DIRECTOR OF ADMISSIONS

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REHABILITATION DIRECTOR

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FOOD SERVICES DIRECTOR

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Stop by and meet Jesse Just our New Dining Services Director

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Dining Your Way

by Jim Bennett

Maintaining one's independence and being able to stay actively involved in making personal choices is important to all of us. Even in a care setting, choosing what you want to eat as well as where and when you want to dine is a choice our residents should have.

Stafford Healthcare at SeaTac is pleased to announce "Dining Your Way", a unique dining experience that allows our residents more freedom and flexibility with meal choices. Under the direction of Executive Chef Jesse Just, this unique dining program was launched this month throughout our facility and allows the resident to be in control of their dining experience and meal choices.

With "Dining Your Way", the patient is in control. Meals, beverages and snack items are available daily from 7 am to 6 pm. Five satellite dining rooms located throughout the facility afford residents and patients the opportunity to dine freely and engage socially with other residents, family and friends. There are not set meal times or limitations on quantity or availability of food. Come as you like, whenever you like. We are here to serve you.

It has been the vision of the leadership team at Stafford Healthcare to create a dining experience that is service driven and emphasizes patient choice. Dining Your Way, designed to create a hospitality focused, restaurant style dining atmosphere complete with room service, is indeed that program. Residents and patients may choose to dine in their room for any and all meals. Wait staff and caregivers assist the residents in pre-selecting their entrée, beverages and snacks from a menu of options available throughout the day. Have breakfast in bed and join your friends for lunch in the dining room. The choice is yours.

With Dining Your Way, patient choice and exceptional service are paramount. Jesse Just, Executive Chef and Dining Services Manager, is committed to outstanding customer services and exceptional food service. Jesse invites you to allow him and his culinary team to serve you with "Dining Your Way". Bon appétit!



Jesse Just, Dining Services Director, checking inventory

Go Hawks! Like everyone else in the area, our residents have gotten into the Seahawk 12th Man spirit.



Even the therapy department gets into the Seahawks



Eyes all glued to the game!



Waiting for the Seahawks game to begin!

Celebrating Stafford Style!

Celebrating the New Year is always fun. Out with the old and in with the new. Birthdays are also an event worth celebrating. Such a special time to share with those we cherish. Both events celebrate newness of life!

This year the residents at Stafford Healthcare combined the News Years celebration with our December monthly birthday celebration. The result... a wonderful event complete with music, laughter, refreshments. Glasses were raised and toasts were made to celebrate the treasure of happy yesterdays and the gifts of bright tomorrows. Happy Birthday to our residents whom we love and cherish and Happy New Year to all!!



Celebrating December Birthdays and Toasting to 2014!

Welcome Gifts for New Residents

Coming into an unfamiliar setting for care can be an unsettling experience. At Stafford Healthcare we welcome every new resident personally and help them get acclimated to their new surroundings. Whether someone is here for short term rehabilitation or long-term care, the experience should be the same.

Our Concierge takes the time to welcome our residents and their families to our facility. A brief orientation and tour of the building helps them adjust to their surroundings. Nothing says welcome like a lovely Welcome bag prepared just for you! Join us for a complimentary meal or try one our delicious lattes and pastry. Welcome to Stafford Healthcare. We are here to serve you!!



A Welcome Bag and fresh flowers greet new residents

Meal Punch Cards

Remember, all visitors and staff may purchase punch cards from the receptionist, in \$10,\$15, or \$20 increments to order meals from the kitchen. You may order the meal of the day or even hamburger, fries, soup, or the special of the day.



Staff using punch cards to buy lunch



This year for Christmas the Stafford employees participated in the scavenger hunt to earn tickets for prizes given at the employee Christmas party and all. Dry good items collected were donated to the Des Moines food bank. Thanks to all who helped.

Thank you, Stafford Suites of Port Orchard

We are truly blessed with a close sister facility, as they come monthly to provide us with van rides and in December the Stafford Suites bell choir even came and did a performance for us.



Monthly van outing.



The Stafford Suites "Bell Choir" perform at Christmas for us!