

We're Here to Help!

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New Leadership at Stafford

We are very proud to announce new leadership here at Stafford Healthcare at Ridgemont. Our facility welcomed Angela Cerna as our new Administrator in June of this year. Angela brings to Stafford a record of exceptional leadership and strategic vision with a focus on patient care. She has been working in Skilled Nursing since 2001, and was most recently appointed to the Board of Nursing Home Administrators by the Governor of the State of Washington. Angela earned her Bachelor's Degree from University of Mary, and is a Certified Nursing Home Administrator with the American College of Health Care Administrators. A native to Washington State, Angela lives on the Olympic Peninsula with her husband David and her two children, Taylor and Hunter. She is a devoted Christian and enjoys the outdoors and spending time with her family.



Angela Cerna

*Our facility welcomed Angela Cerna as our
new Administrator in June of this year.*

In her new position as administrator of Stafford Healthcare at Ridgemont, she is taking on a leadership role in KC4TP and striving to foster strong partnerships in the Kitsap community to ensure continued excellence in patient transfers and continuity of care. We are excited to see what her experience and expertise will bring to our facility and this community.

Compassionate healthcare professionals who treat you like family.



Flu Season: Partners in Prevention

Stafford Healthcare at Ridgemont understands the dangers of a flu outbreak in the community. Many of our residents are especially susceptible to the more severe consequences of flu due to age and/or co-morbidities that cause them to be immunocompromised. That is why we take extra measures to help prevent the spread of flu within our facility. During flu season we always re-emphasize the importance of frequent and proper handwashing with both patients and staff, and we promptly test for and treat any patients with flu-like symptoms. We also take other important steps to avoid flu outbreak at Stafford. Stafford strongly encourages any visitors with symptoms of respiratory illness or flu to either reschedule their visit or wear a mask while visiting. We also strive to ensure the highest possible flu inoculation rate among our residents and staff members. Another important step we take to prevent the spread of flu within our building is extensive pre-admission screening, especially during peak flu season months. We know that during flu season the hospitals can get inundated with patients experiencing the flu. Our requirements for admission of patients who have had the flu during hospitalization are that they are free of fever for 24 hours, and that those patients complete their course of Tamiflu and remain on droplet precautions for 7 days from onset of symptoms. Any patient presenting with flu-like symptoms will be tested for influenza and must have a negative result prior to admission. Stafford hopes that these extra measures make us a helpful partner in prevention during this, and future flu seasons.

Introducing New Case Management Model

In an effort to provide more layered and patient-centered care, Stafford Healthcare at Ridgemont has recently switched to a Case Management model. This model allows for nurse managers to provide more focused care to our residents, while simultaneously lowering direct nursing care/patient ratios. Residents will not only have a designated nurse case manager helping to drive their care and discharge planning, they will have an assigned social worker to help supplement and support this process as well. We are recognized as a continuing care network facility in collaboration with CHI Franciscan and the Rainier Health Network. We strive to be premier partners in our community and with the new case management model we will be able to proudly offer one of the lowest staff to patient ratios in our area.

Discharge planning is a process that begins on admission to our facility. This new patient-centered team approach will allow us to effectively transition our patients to the next level of care as timely and safely as possible. Our goal is that these changes will provide our residents with even more effective layers of support and guidance throughout their stay at Stafford and after discharge. We believe implementing this care management model will allow us to continue to provide the standard of excellent patient-centered care our patients and community partners expect. We hope this new model will aid in our continued effort to improve patient outcomes and prevent rehospitalizations in Kitsap and surrounding counties.

Thank you!

"Thank you to the staff that took care of me. Everyone did an amazing job. Special thanks to the kitchen crew. It's an art to cook and please the masses. Great job." – H.B.

"Thank you for everything. We always choose you guys because of how great you have been, and couldn't imagine going anywhere else." – F.T.

"My stay was really wonderful. I was always treated well, and the food was great. Stafford is just magnificent. – A.B.